

Burwash Surgery Patients' Group
INVITE YOU TO OUR...

MENTAL HEALTH EVENT

Tuesday 15th October at 7.30pm
Parker Hall, Etchingham

ARE YOUR CHILDREN
IN YEAR 6 OR 7?

Are they anxious about starting secondary school?
If so, they will not be alone.

We are bringing together professional speakers from Child and Adolescent Mental Health Services (CAMHS), Heathfield Community College (HCC) and Fairfield Surgery, Burwash to advise how you can support your child and manage any anxiety they may have during this time of transition.

Our mental health event will be particularly useful for the parents of children in these years, but all are welcome.
There will be time for questions and discussion.